

QHSLs Before & After School Extracurricular Activities

皇后语言研究高中课前和课外活动 2022-2023

	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
AM 上午		Basketball Club 篮球 Ms. Yang Weekly - Back Gym		Volleyball Club 排球 Mr. Duran Weekly - Back Gym	Badminton Club 羽毛球 Ms. Das Weekly - Back Gym
PM 下午	Red Cross Club 红字俱乐部 Ms. Sheu and Mr. Booth Weekly - Room 219	Artists' Club 艺术家俱乐部 Ms. Luo Weekly - Rm 214	Feminist Fight Club 争取女权俱乐部 Ms. Mazzella Weekly - Rm 217	Key Club 义工俱乐部 Ms. Das Weekly - Rm 214	
	Math Club 数学俱乐部 Ms. Sembel & Ms. Chen Weekly - Rm 201	Heritage Society 黑人人权运动 Ms. Fink Room 208	Pre-Med Society 预备医科社 Mr. Booth Weekly - Rm 219	Computer Programming 電腦編程 Mr. Siu Weekly - Rm 225	
	Storytelling Club 故事讲述者俱乐部 Ms. Joldic Biweekly- Rm 206	Game Club 游戏俱乐部 Mr. Siu Weekly - Rm 225	K-Pop Dance Club 流行舞蹈俱乐部 Ms. Umanzor Weekly - Auditorium	Photography Club 摄影俱乐部 Ms. Mazzella Biweekly - Rm 217	
		Green Team 环保队 Mr. Booth Weekly - Room 219	Billiards Club 台球俱乐部 Mr. Kim Room 202	Chinese Student Association 中国同学会 Ms. Leon Chu & Ms. Tu Weekly - Rm 208	
	Brainpop Club 益智俱乐部 Ms. Yang Weekly - Room 205	Origami Club 折纸俱乐部 Ms. Chang Weekly - Room 206			
	Book Club 读书俱乐部 Mrs. Terry Monthly - Room 204				
	CPC Advancement Program 华策会课后辅导 Ms. Chen Mon - Thurs - Room 220	CPC Advancement Program 华策会课后辅导 Ms. Chen Mon - Thurs - Room 220	CPC Advancement Program 华策会课后辅导 Ms. Chen Mon - Thurs - Room 220	CPC Advancement Program 华策会课后辅导 Ms. Chen Mon - Thurs - Room 220	



Artists' Club 艺术家俱乐部

Every Monday, 3:15-4:15

Location: Room 214, Facilitated by: Ms. Luo

Feel terrible with your own drawing? Feel upset when you didn't know how to sketch your favorite characters on paper? Want to be an abstract artist? We help enrich your imagination and welcome any wild and unique ideas. Activities include sketching, water-coloring, painting, etc. We start from the basics; regardless of your age or skill level, we teach everyone. So what are you waiting for? Come join us and make your school life fun and colorful!

觉得自己的画很糟糕?当你不知道如何在纸上描绘你最喜欢的角色时,你会感到沮丧吗?想成为抽象艺术家吗?我们帮助丰富您的想象力,欢迎任何狂野和独特的想法。活动包括素描、水彩、绘画等。我们从基础开始;不管你的年龄和技能水平如何,我们欢迎每个人。你还在等什么?快来加入我们,让你的校园生活丰富多彩!



Billiards Club 台球俱乐部

Every Wednesday, 3:30PM - 4:30PM

Room 203

Facilitated by: Mr. Kim

Many people can shoot pool but how many can take their skills to the next level by applying what they have learned from Algebra, Geometry, and Physics? Come join us to integrate your play with your content knowledge. All skill levels are encouraged to participate. We will learn how to play 8-ball and 9-ball under official APA rules, playback iconic moments in pool, practice proper form, drills, and pool etiquette. We are excited to share the joys of this timeless game. 任何人都能打台球,但有多少人能把他们从代数、几何和物理中学到的知识运用到下一个层次呢?快来加入我们,把你的游戏与你学习的知识结合起来。鼓励所有技能水平的人参与。我们将学习如何在APA官方规则下玩8球和9球并欣赏台球的标志性时刻,练习标准的台球技巧,练习,和学习台球礼仪。我们很高兴能分享这个经典的游戏的乐趣。



Badminton Club 羽毛球俱乐部

Every Friday, 7:00AM - 8:00AM

Room: Back Gym

Facilitated by: Ms. Das

Want to improve your badminton skills? Love badminton? This popular club is the place to hone your skills, play with friends, and play competitive games. Members have reported feeling energized and relaxed after the badminton club throughout the day. 想提高你的羽毛球技术?爱打羽毛球吗?这个受欢迎的俱乐部是磨练技能,与朋友一起玩,玩竞技游戏的好地方。据学生说,参加了羽毛球俱乐部使你全天都感到精力充沛和放松。



Book Club 读书俱乐部

Monthly on Tuesdays, 3:10PM-4:10PM

Room 204; Facilitated by: Mrs. Terry

Calling all QHSLs readers! This new club will host a monthly book talk. As a club, students will choose the books that we'll read each month. Students who commit to join in the discussion will receive a copy of the book to keep.

呼叫所有QHSLs热爱阅读的你!这个新俱乐部将每月举办一次读书讲座。作为一个社团,学生们将选择我们每个月要读的书。承诺参与讨论的学生将获得这本书。



Brain Pop Club 益智俱乐部

Every Tuesday, 3:15 - 4:10 pm

Location: 205, Facilitated by: Ms. Yang

Do you like to play games? Like to explore some impressive games with your friends? Rubik's Cube, Sudoku, Minesweeper, Draw Guess, and Werewolves of Miller's Hollow? Does it sound fun? Come and join our club! 喜欢玩游戏吗? 想一起探索一些又好玩又令人深刻的游戏吗? 例如你画我猜, 魔方, 数独, 扫雷, 狼人杀? 听起来很有趣吧? 快来加入我们的俱乐部!

Chinese Student Association 中国同学会

Every Thursday, 3:15 - 4:10 pm

Location: 208, Facilitated by: Ms. Leon Chu & Ms. Tu



Nearly half of our students are new immigrants from China, experiencing successes as well as struggles. This association offers a space for us to celebrate our achievements and build mutual support. Learn studying tips from upperclassmen? Bubble tea while playing Werewolf? Show your pride or love of Chinese culture by planning our Lunar New Year celebration? Join us!

我们接近一半的学生都是中国来的新移民, 作为新移民, 我们既收获过成功亦经历过挣扎。CSA提供给我们一个空间来让我们庆祝我们的成就并建立互帮互助。想要从学长学姐那里学到学习技巧? 边喝奶茶并玩狼人杀? 通过计划春节活动来展示你对中国文化的自豪? 来加入我们的俱乐部吧!



Computer Programming 电脑编程

Every Thursday, 3:10 - 4:10pm

Room 225, Facilitated by: Mr. Siu & Arshan Rafid

Have you wondered how apps and games are made, and how websites are built? We will learn together how to do computer programming! Students of all skill levels can join. 您想知道应用程序和游戏是如何制作的吗? 我们将学习如何进行计算机编程! 所有技能水平的学生都可以加入。



Feminist Fight Club 争取女权俱乐部

Every Wednesday, 3:15-4:10pm

Location: Room 217, Facilitated by: Ms. Mazzella

A feminist is someone who believes in the equal treatment of men, women, and people who identify within or outside of the gender binary. In FFC, we practice intersectional feminism, recognizing how many facets of one's identity (race, ethnicity, age, sexual orientation) are all part of how we navigate the world. Students lead discussions on a variety of topics, ranging from international movements to personal experiences. As a club, members decide how to bring their learning to the wider community in the form of an workshop, activity, or display. Those who empathize with the #metoo movement, Time's Up, or are questioning what this blurb is about should join our weekly discussions! NOTE: this club is not exclusively for women--feminism needs ALL genders!!

女权主义者是指那些相信男女平等的人, 以及那些认同二元性别的人。在FFC中, 我们实践交叉女权主义, 认识到一个人的身份的许多方面(种族、民族、年龄、性取向)都是我们如何驾驭世界的一部分。学生们领导讨论各种各样的话题, 从国际运动到个人经历。作为一个俱乐部, 成员决定如何将他们的学习以工作坊、活动或展示的形式带给更广泛的社区。那些同情#metoo运动, 时间到了, 或正在质疑这篇宣传的人应该加入我们每周的讨论! 注意: 这个俱乐部不只为女性而设——女权主义需要所有性别的人!!



Game Club 游戏俱乐部

Every Tuesday, 3:10 - 4:10 pm

Location: 225, Facilitated by: Mr. Siu

Have you wondered if anyone else was playing the same game as you? Do you want to play board games in person with your classmates? Do you need more teammates/clan members? Come share your love of games and let us know which ones we should check out! We can arrange tournaments as well. 你有没有想过是否还有其他人和你玩同一个游戏? 你想和你的同学亲自玩桌游吗? 你需要更多的队友/战队成员吗? 快来分享您对游戏的热爱, 让我们知道有哪些游戏可以玩! 我们也可以安排比赛。



Green Team 环保队

Every other Thursday, 3:15 - 4:10 pm

Location: 219, Facilitated by: Mr. Booth

Our Earth is our only home, so let's make it a better place! Come find out what we can do to fight climate change and help out our community. We'll do some fun DIY projects using recycled materials, learn about our environmental impacts, recycle and plant! If we don't stand for something, we will fall for anything! Take a stand and help preserve our beautiful Earth!

地球是我们唯一的家园, 让我们把它变成一个更好的地方! 来看看我们能做些什么来对抗气候变化, 帮助我们的社会。我们将用回收材料做一些有趣的DIY项目, 了解我们对环境的影响, 回收和种植! 站出来保护我们美丽的地球吧!



Heritage Society 传承文化社 (formerly known as BLMA)

Every Tuesday, 3:15-4:10

Location: 217

Dance? Food? Music? Holidays? Traditions? Stories? Language? Family? **Heritage.**

Join the QHSLS Heritage Society to celebrate what we all inherit from our diverse backgrounds. 舞蹈? 食物? 音乐? 传统节日? 传统? 故事? 语言? 家庭? 文化传承。加入QHSLS传承文化社, 庆祝我们从不同的背景中继承的东西。



Key Club (Volunteer Club) 义工俱乐部

Every Thursday, 3:10-4:10

Location: Room 214, Facilitated by: Ms. Das

Key Club is an international student led-organization that provides its members with opportunities to volunteer in the community, build character and develop leadership. Members of Key Club perform acts of service in their communities, such as cleaning up parks, collecting clothing and organizing food drives and much more. Key Club是由国际学生领导的组织, 俱乐部提供给会员机会参与社区活动, 发展个性, 提供领导能力。俱乐部会员会在他们的社区进行服务, 例如清理公园, 收集衣服和收集食物。



K-Pop Dance Club K-pop 流行舞蹈俱乐部

Every Wednesday, 2:50-3:50

Location: Auditorium, Facilitated by: Ms. Umanzor

Love K-Pop and/or interested in dance? This club is a space for students to watch and learn K-Pop dances in a supportive environment where peers teach peers. Due to current circumstances there will be limited room for the amount of members in this club as we will still need to maintain social distancing protocols while dancing. 喜欢韩国流行音乐和/或对舞蹈感兴趣? 该俱乐部是学生观看和学习K-Pop舞蹈的场所, 是同学之间互相教导的支持性环境。由于目前疫情的情况, 这个俱乐部能收的成员数量有限, 我们仍然需要在跳舞时保持社交距离。



Pre-Med Society 预备医科社

Every Monday, 3:15-4:10pm,

Location: 219. Facilitated by Mr. Booth

Come find your passion in Pre-Med Society! Whether you're interested in the medical field or just want to explore and find out your passion, everyone is welcome! Don't miss out on the chance of having internship opportunities, fun projects/lessons, volunteering opportunities, and so much more. 快来在医学的领域找到您的兴趣吧! 无论您是对医学领域感兴趣, 还是只是想探索和发现自己的热情, 我们都欢迎您! 不要错过实习机会、有趣的项目/课程、志愿服务机会等等。



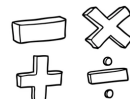
Photography Club 摄影俱乐部

Every other Thursday, 3:15-4:10pm

Photography Ctrips after school on Fridays

Location: Room 217, Facilitated by: Ms. Mazzella

Love the City? Our great borough of Queens? Join Photography Club, where you can explore the stories our neighborhoods have to offer through a camera lens! The club is member-driven, so members choose trip destinations, and make plans around activities, sites, and, of course, eat. Members also organize our social media account @QHSLS_Photography_Club on Instagram. 喜欢这个城市吗? 我们伟大的皇后区? 加入摄影俱乐部, 在那里你可以通过相机镜头探索我们社区的故事! 该俱乐部是由会员驱动的, 因此会员选择旅行目的地, 围绕活动、地点制定计划, 当然, 还有吃饭。成员们还在Instagram上组织我们的社交媒体账户 @QHSLS_Photography_Club。



Math Club 数学俱乐部

Every Thursday 3:15 - 4:15

Location: Room 201. Facilitated by: Ms. Sembel

Are you looking to develop your math skills and knowledge? We will use games, activities, mock competitions to enrich your higher order thinking. Math class will also prepare you for the future math competition. 你是否希望发展你的数学技能和知识? 我们将利用游戏、活动、模拟竞赛来丰富你的高阶思维。数学课也将为你准备未来的数学竞赛。



Origami Club 折纸俱乐部

Every Wednesday, 3:15 - 4:10pm

Location: Room 206, Facilitated by: Ms. Chang

Paper. Instructions. Fold. Admire. Origami Club is a simple pastime that can help you release tension from schoolwork. Show off beautiful creations - simply made out of paper - to your peers. Through folding paper, you can improve your hand-eye coordination, sequence skills, attention skills, patience, temporal spatial skills and problem-solving abilities. 纸张。说明。折叠。欣赏。折纸俱乐部是一种简单的消遣方式, 可以帮助你释放紧张的课业。向你的同龄人炫耀美丽的作品--仅仅是用纸做的。通过折纸, 你可以提高你的手眼协调、顺序技能、注意力技能、耐心、时间空间技能和解决问题的能力。



Storytelling Club (Writer's Club) 故事讲述者俱乐部

Every Monday, 3:15-4:10 pm

Room 206, Facilitated by: Ms. Joldic

You have lots of stories to tell or you like to listen to others tell stories in poems and short fiction or nonfiction. You want to workshop a piece of writing you already have and want some literary feedback to tell the story more effectively. Or sometimes, you just want time, space, and fun prompts to write poems or 100 word stories on. Or you are interested in being a founding member for QHSLs' very own annual literary magazine. If any of these descriptions apply to you, you belong with the Storytellers' Club. Come share your stories and listen to stories of others. 你有很多故事要讲，或者你喜欢听别人讲诗歌、短篇小说或非小说的故事。或者你想根据别人的反馈修改你已经拥有的一首诗或一篇散文，以更有效地讲述这个故事。或者有时，您只需要时间、空间和有趣的提示来写诗或 100 字的故事。或者您有兴趣成为 QHSLs 自己的年度文学杂志的创始成员。如果这些描述中的任何一个适用于您，您就属于故事讲述者俱乐部来和我们一起倾听别人的故事吧。



CPC After-School Advancement Program

华策会课后辅导

Mondays - Thursdays, 1:35-4:30

Location: Rm 220, Facilitated by: Ms. Chen

The **After School Advancement Program** (ASAP) provides various after-school enrichment activities. ASAP offers tutoring, computer literacy, life skills workshops, mentoring, community service, recreational activities, and trips. The program equips participants with the skills necessary to succeed in high school and beyond. Examples of past workshops include: Leadership, Public Speaking, Maintaining a Healthy Lifestyle, Higher Education, Work Readiness Skills, etc. Participants are also encouraged to get involved in their local community via service opportunities offered throughout the year.

放学后提升计划(ASAP)提供各种课后活动。ASAP提供课后作业辅导，生活技能研讨会，社区服务机会，娱乐活动和旅行。这课程为参与者提供在高中及以后取得成功所需的技能。过去研讨会主题包括：领导能力，公众演讲，健康生活方式，高等教育和工作准备技能等。学生还被鼓励参与整个学年当地社区义工。
